	Powys County Council Secondary/Primary Menu June 2026 Main Meal & Vegetarian Options		
	Monday Week 1	**Monday Week 2**	**Monday Week 3**
	8th June, 29th June, 1st Sept, 12th Oct	15th June, 6th July, 7th Sept, 28th Sept, 19th Oct	1st June, 22nd June, 13th July, 14th Sept, 5th Oct
High Option 1	Beef Burger in a Bap (1,4, 8, 6)	Chicken Burger (85g) in a Bap (1,4,2, 6, 7, 8)	Oven Baked Sausage (1,4,9)
Primary Option 1	Cheese Pizza (1,2)	Chicken Burger (60g) in a Bap (1,6,)	
High Option 2	Vegetable Country Bake(110g) in a Bap (1,2, 6)	Vegetable Country Bake(110g) in a Bap (1,2, 6)	Vegan Sausage (1)
Pimary Option 2	Vegan Country Bake (50g) in a Bap (1,4,6)	Vegan Country Bake (50g) in a Bap (1,4,6)	
Carbohydrate	Mini Hash Brown Puffs or Pasta Twists (1)	Seasoned cubed Potatoes or Pasta Twists (1)	Mini Hash Brown Puffs or Pasta Twists (1)
Vegetables	Baked Beans & Sweetcorn Mixed Salad	Baked Beans & Coleslaw (3) mixed salad	Baked Beans & Sweetcorn Mixed Salad
High Dessert	Lemon Sponge (1,2,3,4,9) & Custard (2)	Chocolate & Mandarin Sponge (1,2,3,4) & Chocolate Sauce (2)	Apple Crumble (1,4) & Custard (2)
Primay Dessert	Llaeth Y Llan Yoghurt (2) & Apple Dippers		
	Tuesday	**Tuesady**	**Tuesday**
Option 1	Chicken & Vegetable Pie(1)	Oven Baked Sausage (1,4,9)	Beef Bolognaise
Option 2	Vegetale Pie(1)	Vegan Sausage (1)	Vegan Bolognaise(4)
Carbohydrate	Mashed Potato or Pasta Twists (1)	Mashed Potato or Pasta Twists (1)	Pasta Twists (1)
Vegetables	Carrots & Broccoli Mixed Salad	Peas & Sweetcorn Mixed Salad	Mixed Vegetables & Coleslaw (3) & Mixed Salad
High Dessert	Pancake (1,2,3) & Ice Cream (2)	Jam Roly Poly (1,2,4) & Custard (2)	Chocolate Crunch (1,4) Chocolate Sauce (2)
Primary Dessert	Strawberry Jelly & Ice Cream (2)	Llaeth Y Llan Yoghurt (2) & Apple Dippers	Llaeth Y Llan Yoghurt (2) & Apple Dippers
	Wednesday	**Wednesday**	**Wednesday**
Option 1	Pork & Carrot Meatballs (9)in Tomato & Basil Sauce	Beef Bolognaise	BBQ Chicken Fillet & Cheese (2)
Option 2	Vegan Meatfree Balls (4)	Vegan Bolognaise (4)	BBQ Quorn Fillet (1) & Cheese (2)
Carbohydrate	Pasta Twists (1)	Spaghetti Pasta (1)	Rice or Pasta Twists (1)
Vegetables	Peas & Sweetcorn Mixed Salad	Peas & Broccoli Mixed Salad	Peas & Sweetcorn Mixed Salad
High Dessert	Plain Cookie (1,2,3,4) & Orange Or Apple Juice Carton	Chocolate Cookie (1,2,3,4) & Orange Or Apple Juice Carton	Waffle (1,2,3,4) & Ice Cream (2)
Primary Dessert	Plain Cookie (1,2,3,4) & Milk (2)	Lemon Muffins (1,2,3,4,9)	Waffle (1,2,3,4) & Ice Cream (2)
	Thursday	**Thursday**	**Thursday**
Option 1	Roast Turkey & Stuffing (1) & Gravy	Roast Pork with Apple Sauce & Gravy	Roast Beef, Yorkshire Puddings (1,2,3) & Gravy
Option 2	Mediterrainen Pasta Bake (1)	Macaroni Cheese (1,2)	Cheese & Potato Pie (2)
Carbohydrate	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes
Vegetables	Carrots & Green Beans Mixed Salad	Carrots & Green Cabbage Mixed Salad	Cauliflower & Broccoli Mixed Salad
High Dessert	Syrup Sponge (1,2,3,4) & Custard (2)	Flapjack (1,2,3,4) Orange Or Apple Juice Carton	Chocolate Rice Krispie Cake (1)
Primary Dessert	Pear Sponge (1,2,3,4) & Custard (2)	Flapjack (1,2,3,4)	Chocolate Rice Krispie Cake (1)
	Friday	**Friday**	**Friday**
High Option 1	Breaded Cod (1,5) or Chicken Korma (2)	Jumbo Battered Fish Finger (1,5) or Chicken Tikka (2)	Breaded Cod (1,5) or Chicken Korma (2)
Primary Option 1	Fish Finger (1,5) or Gluten Free Salmon Fish Fingers (5)	Harry Ramsden Fish Fillet(1,5) or Gluten Free Salmon Fish Fingers (5)	Fish Finger (1,5) or Gluten Free Salmon Fish Fingers (5)
Option 2	Vegan Nuggets (1)	Cheese Pizza (1,2)	Vegan Nuggets (1)
Carbohydrate	Chips, Rice or Pasta Twists (1)	Chips, Rice or Pasta Twists (1)	Chips, Rice or Pasta Twists (1)
Vegetables	Peas & Baked Beans Mixed Salad	Peas & Baked Beans Mixed Salad	Peas & Baked Beans Mixed Salad
High Dessert	Chocolate Haystack (1,2) Orange Or Apple Juice Carton	Cheesecake (1,2,4)	Carrot Cake Muffin (1,2,3,4) Orange Or Apple Juice Carton
Primary Dessert	Llaeth Y Llan Yoghurt (2) & Apple Dippers	Llaeth Y Llan Yoghurt (2) & Apple Dippers	Llaeth Y Llan Yoghurt (2) & Apple Dippers

1. CEREAL/GLUTEN	2.MILK	3. EGG	4. SOYA	5.FISH
6. SESAME	7. MUSTARD	8. CELERY	9. SULPHUR DIOXIDE	10. PEANUTS
11. LUPIN	12. MOLLUSCS	13. CRUSTACEANS	14. NUTS	CONTAINS / MAY CONTAIN

We offer Jacket Potatoes daily with various fillings. We offer fresh fruit as an alternative to our daily dessert option. We also provide jugs of drinking water in our dining halls to promote good hydration with learners.Food Allergies - Please email catering@powys.gov.uk. Due to circumstances beyond our control, there may at times be a slight variance in our menus, we apologise for any inconvenience this may cause.

50/50 Bread Available Daily