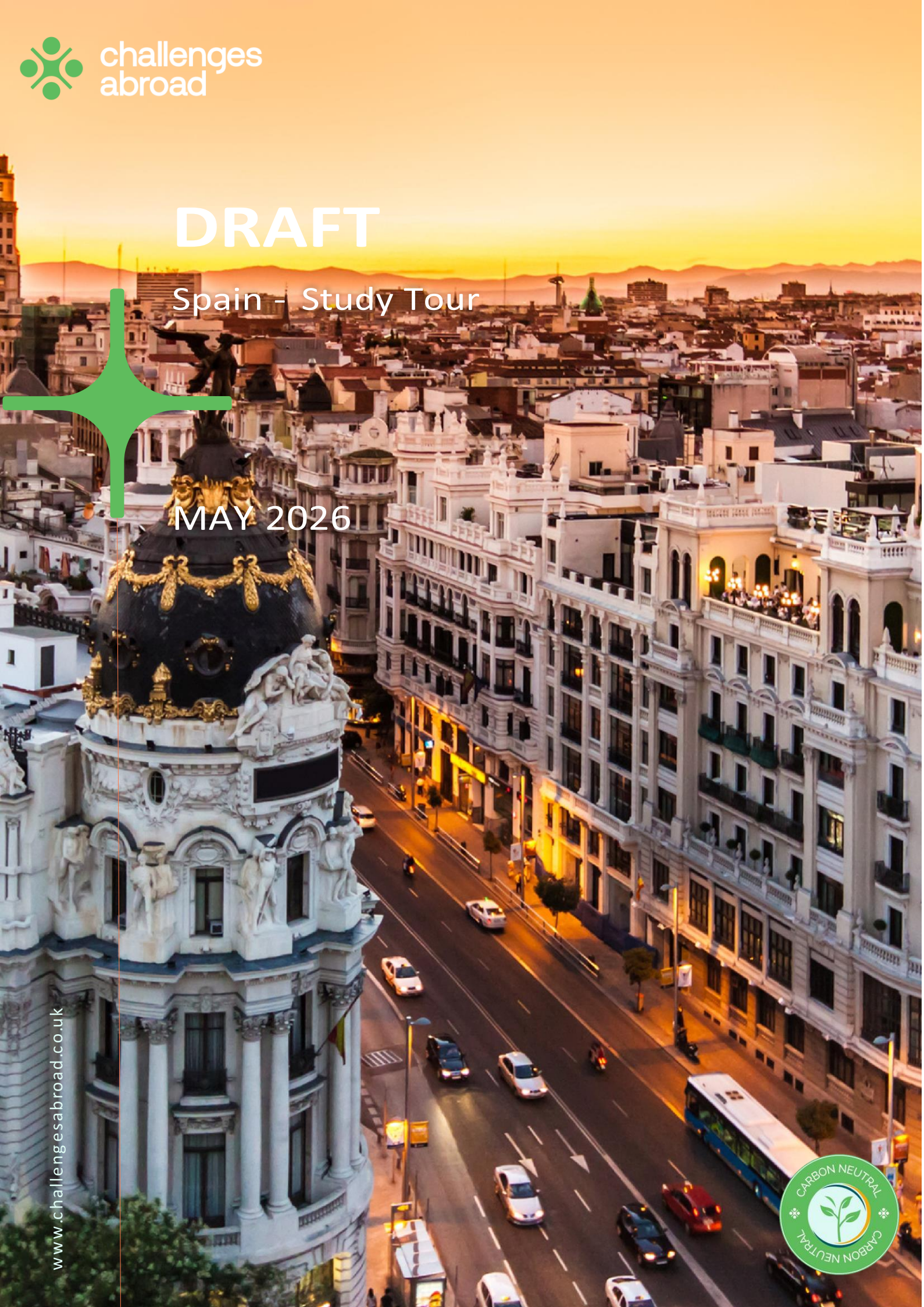
challenges abroad

DRAFT

Spain - Study Tour

MAY 2026



www.challengesabroad.co.uk

CARBON NEUTRAL

Greater Social Equality. A More Sustainable Environment.

A More Secure World for Everyone.

Challenges Abroad is a social enterprise that provides impactful, customised overseas learning programmes for students in further, higher and vocational education. Our mission is to develop the next generation of Global Citizens, who as future leaders will help shape a better future for everyone. Through our programmes, we ensure that students not only develop a global mindset but gain vital life and employability skills, enabling them to have a positive impact on the world through their future endeavours.

Over the past 13 years, we sent over 9,000 global students on our challenges around the world and are ever expanding our global community of people who care.

Our Commitment to Positive Change

As a social enterprise, we prioritise creating positive social and environmental impact. We do this by supporting our international development charity the FutureSense Foundation, using the profits from every Challenges Abroad programme to help support marginalised communities.

Supporting community development in some of the world's most disadvantaged areas, the FutureSense Foundation works towards achieving a 'Fairer World'; where each person has the opportunity to meet their aspirations for a better future.

Every Challenges Abroad participant, irrespective of their programme, is therefore contributing to long term sustainable development and positive change in the wider world.

futureSense FOUNDATION

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Day 1 - Friday 8th May

You'll arrive into Mahon where you'll be met by your group mentor, Victoria. You'll then take the bus to your accommodation. You'll be able to settle into accommodation and go for a walk around the harbour area. Evening meal will be around 7pm.

Day 2 - Saturday 9th May

Today, after breakfast at your accommodation, you'll go on a guided visit to the Museu de Menorca. Lunch will be a picnic assortment of traditional foods in a scenic spot, followed by a stroll through Mahón's charming old town and vibrant port area. After a short rest you will then be ready for your evening meal.

Day 3 - Sunday 10th May

After breakfast at your accommodation, you'll learn about arts and crafts traditional to the island. You will also engage in a hands on crafts workshop. Experience a typical Menu del dia lunch followed by a pre dinner siesta and time to journal/reflect over the day, before enjoying your evening meal.

Day 4 - Monday 11th May

Today, after breakfast at your accommodation you'll take a public bus from Mahon to Son Bou where you will walk an accessible section of Cami de Cavalls, Son Bou to Sant Tomas. You will enjoy another picnic lunch (& lots of water) before getting the bus back for some well earned rest before your evening meal.

Day 5 - Tuesday 12th May

Today, you'll participate in an educational session around environmental sustainability including a practical session in the water component which will include some snorkelling. After lunch and small break, you'll complete the volunteering, as a Global Citizen - doing our part for the planet, component of your programme. With a well-deserved rest after a busy but fun day, you can enjoy your evening meal.

Day 6 - Wednesday 13th May

Today, you'll take the bus from Mahon to Es Grau around a 30minute journey, for a Kayaking guided tour with picnic lunch. You can then enjoy some free time in Es Grau before heading back on the bus to Mahon to freshen up before your evening meal.

Day 7 - Thursday 14th May

After breakfast, you'll head out for your cultural exchange day as part of your programme, you will participate in varied activities while spending time with locals. In the afternoon, you can enjoy some time to pick up any souvenirs you may want to take home with you. In the evening you will enjoy your farewell meal.

Day 8 - Friday 15th May

After breakfast, you'll catch the bus to the airport ready for your return flight home.

Breakfast

Breakfast will be included everyday and will be available at your accommodation.

Lunch

Lunch will be varied from picnics to local cafes throughout the week.

Dinner

Evening meals will be organised locally to the accommodation.Dinner will be no earlier than 7pm due to local customs and culture.

challenges
abroad